



Helpful Links

Welcome to Parts Work Practice. What follows are multiple links to documents that will help you get the most out of participating in our group.

If you are new to our group, read through the **New Participant Orientation Guide**

<https://billtierneycoaching.com/wp-content/uploads/2022/07/New-Participant-Orientation.pdf> which may be used in your first session (optional)

Here is a link for a **Participant's Guide** that will familiarize you with the processes we use.

<https://billtierneycoaching.com/wp-content/uploads/2021/11/PWPparticipantGuide11.18.21.pdf>

Here is a link to the **Breakout Room Troubleshooting Guide**. Use this protocol to help when parts get activated for any participant in a breakout room dyad or triad practice group. <https://billtierneycoaching.com/wp-content/uploads/2022/06/Breakout-Room-Troubleshootingv3.pdf>

Here is a link for the **disclosure** you were asked to sign the first time you joined us. If you didn't take the time to read it when you agreed to it, please take a moment now to read about what you agreed to.

<https://billtierneycoaching.com/wp-content/uploads/2022/04/PWPDisclosureV3.22.pdf>

Here is a link to join our **Facebook Group**, Parts Work Practice.

<https://www.facebook.com/groups/partsworkepractice>

Here is a link with contact information for each of the IFS Level 1 trained Practice Assistants and Certified IFS Practitioner CoLeaders if you are looking for IFS related **Professional Services**.

<https://billtierneycoaching.com/wp-content/uploads/2021/11/PWPProfessional-Services.pdf>

Here is a link to **send to others when you invite** them to our group. This is also the place to go if you forget the meeting **Zoom information**.

<http://www.partsworkepractice.com/>

Here is a helpful link for **Participant Controls** in a Zoom meeting:

<https://support.zoom.us/hc/en-us/articles/200941109-Participant-controls-in-a-meeting>

Here are links to purchase **the Self-Therapy Workbook by Bonnie Weiss**.

Purchase the workbook directly from Bonnie Weiss in paperback, ebook, or pdf versions at:

<https://personal-growth-programs.com/products/self-therapy-workbook/>

Purchase the workbook from Amazon at:

https://www.amazon.com/Self-Therapy-Workbook-Exercise-Book-Process/dp/0984392742/ref=sr_1_1?crd=2BF9I35WCYEEK&keywords=self+therapy+workbook+bonnie+weiss&qid=1653242983&srefix=self+therapy%2Caps%2C138&sr=8-1